

# COVID-19 FAMILY SUPPORT KIT

**BE  
PREPARED**



## Pull together important documents

Gather birth certificates, health insurance cards, power of attorney forms & living wills so you have them on hand if needed.



## Create a list of available caregivers

In the event one or both parents become ill, choose people you trust to be temporary guardians of your child/ren. Write & sign a letter designating that authority.



## Share your Family Plan

Email/text or tell your extended family, physician or hospital personnel that you have a family plan you want followed if you become incapacitated.



## Pack an age-appropriate 'GO' bag

Have a bag packed with clothes, shoes, electronics, chargers, books, toys & medicine to last a couple of days - just in case.

**CWA  
STRONG  
UNION  
STRONG**

